

Your guide to

Carers Week 2025 Durham

Carers Week™



Carers Week is here and it's all about YOU!

Here is your guide to a week full of events just for Carers, with something for everyone, from friendly coffee mornings to a visit from the NHS Melissa Bus, offering advice and support from our staff.

It's a chance to take a break, meet others who understand what it's like to look after someone, and find out more about the help that's available. Whether it's advice on benefits, local services, or just someone to talk to. This year's theme is 'Caring About Equality', highlighting the challenges carers face and the need for better support. Let's make sure your voice is heard.

Come along, connect, and be part of something special — because you deserve it.

An Evening for Carers

THURS

12

June

4pm - 7pm

Enjoy a cuppa
& chat

Meet the
team

Get info &
advice

POA, wills &
Trust advice



Durham County Carers Support
The Old Methodist Church
Durham Street
Middlestone Moor
DL16 7AT

We are pleased to be able to offer
free 15-minute appointments with
Brenda Beveridge to discuss Power
of Attorney, Wills and Trusts

BOOK NOW



Tel: 0300 005 1213

Text: 07800 005830

Durham County Carers Support

Carers Week

Carers Week information stands

June

2025

MON

9th

Murton Medical Group

10 am - 12pm

MON

9th

Tesco - Langley moor

10 am - 2pm

TUES

10th

University Hospital of North Durham

(Outside the Restaurant) 1pm - 4pm

THURS

12th

Asda - Stanley

10am - 2pm

THURS

12th

Tesco - Newton Aycliffe

10am - 2pm

THURS

12th

University Hospital of North Durham

(Outside the Restaurant) 1pm - 4pm

FRI

13th

The Woodman Inn, 23 Gilesgate, Durham DH1 1QW

1pm - 3pm

Discount
Card

Training

Carers'
Emergency
Card



your local charity supporting carers



County Durham
& Darlington
carers support

Grants &
Bursaries

Support
Groups

Specialist
Parent Carer
Support

Counselling

Tel: 0300 005 1213

www.dccarers.org



We will be on the NHS Melissa Bus this...

June 2025

with...
**well.
being**
for life

Carers Week



**Morrisons
Barnard Castle
Mon 9th 10am - 2pm**

**Tesco
Durham Market Place
Tues 10th 10am - 2pm**



www.dccarers.org

**COME
ALONG**



Charity Number: 1069278

Tel: 0300 005 1213

Text: 07800 005830

Your local charity supporting carers



**Durham County
carers support**

OUR PARTNERS - CARERS WEEK MENU



COFFEE MORNING OR AFTERNOON EVENTS

Leisure Time Crafting,
Hartley Terrace Centre,
Spennymoor, Co Durham

Mon 9th
2:30 - 3:30pm

Oxford Road Surgery,
Spennymoor, DL16 6BQ

Tues 10th
10am - 12pm

Willowburn Hospice
Lanchester, DH7 0QS

Tues 10th
1:30 - 3:30pm

Lanchester Medical
Groups, Durham Road,
Lanchester DH7 0LP

Tues 10th
10am - 12pm

Malbrough Surgery Seaham
Primary Care Centre, St Johns
Square, Seaham SR7 7JE

Wed 11th
10:30 - 12pm

Gainford Surgery, Main
Road, Gainford, County
Durham DL2 3BE

Wed 11th
10am - 11:30pm

Pioneering Care
Partnership (PCP)
Newton Aycliffe, DL5 4SF

Thurs 12th
10am - 12pm

East Durham Medical
Group, Community Centre,
Peterlee, SR8 4RJ

Fri 13th
10am - 12pm

Carers Week

We might not be running these events ourselves, but our team will be there on the day! Come and chat to us about anything from carer support and benefit advice to grants, counselling, and the services available to help make life a little easier. We're always happy to help!

Tel: 0300 005 1213

www.dccarers.org

Don't miss an event!



We know life as a carer can be hectic — and keeping track of events and appointments isn't always easy. Let us help! If you've seen an event you're interested in, we can send you a quick text reminder so you don't miss out. Don't worry, your number is safe with us. We'll never share it, and we'll only use it to send you a reminder before the event. It's one less thing to think about, just let us know, and we'll take care of the rest!

Click here for an event reminder



Or scan the QR code



visit our website

www.dccarers.org

Contact Us

0300 005 1213





Place to Be
@ Trinity Methodist Church

Carers Week

Join us on 12th June to mark Carers Week

Many people are unpaid family carers and some don't know it!

When you care for a family member or friend who has a health condition and couldn't manage without your support, you are a carer.

The Cupboard, Wardrobe & Kitchen will be open as usual, and we will be visited by staff from Durham County Carers Support who will be there to chat all things family carer!



Carers Week this year is 'highlighting the inequalities faced by unpaid carers, including a greater risk of poverty, social isolation, poor mental and physical health.'

any questions?
placetobe@trinityspennymoor.org.uk
Tel. 07845081906



Durham County
carers support

The Cupboard
Food Shop



The Wardrobe



Pre-loved
Clothing

The Kitchen
Café



Every Thursday 3pm - 5:30pm

Trinity Methodist Church
Edward Street, Spennymoor, DL16 7NB



At Durham County Carers Support, we offer free and confidential support, including:

- ✓ Help with completing benefit application forms
- ✓ Access to counselling for carers
- ✓ Practical advice, information and emotional support
- ✓ A dedicated support worker who understands your situation

If you're not already registered with us, signing up is quick and easy – and means ongoing access to tailored support:

♥ Sign up for Support - Durham County Carers Support

This Carers Week, take a moment for you. We're here to walk alongside you – not just this week, but every step of the way.

www.dccarers.org



Carers Week