



PARENT CARER NEEDS ASSESSMENT

A Parent Carer Needs Assessment (PCNA) focuses on the help you need as a Parent looking after a child with additional needs

A PCNA gives you a chance to consider your caring role and what help and support you may need

“I was able to share my PCNA with other services and meant I didn't have to keep repeating myself. We went on to claim DLA and put in an Early Help Request and now have more support in place”



You may benefit from a PCNA to identify if an Early Help Request is needed or other support can be put in place

It can also be useful to share with other professionals involved in supporting your family

All Parent Carers have a right to ask for an assessment!



You don't have to have a PCNA to access other support we offer such as:

- *Carer Breaks*
- *Carer Discount Card*
- *Help to claim benefits for you and your child*
- *Grants and Bursaries*
- *Support at TAFs*
- *Signposting and referrals to other Support Services*
- *Counselling*

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