

Annual Report

April 2018 - March 2019



Durham County
carers support

Your local charity
supporting Carers

Charity Number: 1069278
Company Number: 3534933





“Creating a community where Carers are recognised, valued and supported”



L-R Audrey Vasey and Jenni Wood at the Volunteers Celebration Event

This is the vision for our Charity which enables us to “**Improve Carers Lives**”. The Carers UK, State of Caring survey, recently estimated there are now 8.8 million Carers in the UK. The number of people aged over 65 years has grown from 1.4 million to over 2 million, which is an increase of 43% from 2011. We are tasked to find ways of supporting increasing numbers of people with limited resources.

In the last year there have been two positive developments nationally for Carers. The NHS Long Term Plan and Cross Government Carers Action Plan for England are both steps in the right direction and focus on a wide range of improvements across Health, Social Care, Employment as well as the Voluntary and Community Sectors. Examples are the new GP Quality Markers which aim to improve support from

surgeries. There is also a focus on recognising and supporting Carers who are juggling work and care has been welcomed. In particular, working Carers may find themselves in a “sandwich situation”, caring for a child with additional needs and an older person, so the recognition and additional support is crucial. However, the positive national developments have not translated into additional resources locally and austerity is still impacting regionally.

Locally we continue to gather Carers experiences and opinions through our Carer Voice project and have used these as a powerful tool to influence front line and strategic change. We also commissioned an external evaluation of our Parent Carer Lottery funded project and used focus groups and surveys to feed into future plans. During the year we developed a new Triage system that

enables us to focus our support and resources on those Carers most in need.

The service continues to grow and at the end of March 2019 we are supporting 19,329 Carers across County Durham and 1145 across Darlington. We increased the annual amount of welfare benefits claimed by Carers across County Durham by over £4 million. This is impressive and goes to show the fantastic work, knowledge and commitment of all our Staff, Trustees, Volunteers and supporters. We both want to say a huge thank you to everyone who makes this possible.

Audrey Vasey, Chairman
Jenni Wood, Chief Executive

Making a difference to Carers lives

Our dedicated team of Carer Support Coordinators continue to provide information and support to Carers aged 18 and over throughout County Durham and Darlington. Over the year we have supported over 5,300 Carers with advice and guidance on various topics including Benefits and Grants, form filling, respite, housing, transport, groups and activities and much more.



In November 2018 we introduced a triage system for new Carers registering with us for the first time which ensures that Carers receive in depth support on their initial phone call to us. This is then followed up by a home visit or further telephone appointment tailored to their needs.

We registered 3277 Carers with our service between 1st April 2018 and 31st March 2019 - 2820 in County Durham and 457 in Darlington. Our highest source of referrals continues to be through word of mouth with 967 Carers contacting us after hearing about us from another Carer, friend or family member.

To show that we are making a difference to Carers' lives we use the Outcome Star tool. This shows that over the last year 90% of Carers saw an improvement in their caring role following support received from Durham County Carers Support.

**Over the
year we have
supported
over 5,300
Carers**

“Absolutely fantastic! I had no idea there was help out there for me rather than my husband who I care for. So easy – I feel a huge relief already – Thank you!”

“Thank you so much – you are the best support ever and have really changed my life and made me a lot happier”

“The person that came to see me was very supportive and helped me a lot with everything. I feel if they were not there, I would find things difficult. They not only help you but support you in what you do every day of your life”

Case Study



Mary had recently moved in with Mum Maude in her 2-bedroom house after Mum's health had declined quite quickly. Mary felt Maude could no longer

manage alone after a series of falls. Having given up her own home she found that she had to claim Universal Credit (UC). She was dismayed to learn that this meant a reduction in benefits of around £410 a month as UC does not recognise Carers who are also disabled themselves. *New legislation now prevents these losses for people with a Severe Disability Premium.*

She contacted us for help as she had been called by the social landlord at 8am for the last 3 days asking when the rent would be paid as they had been informed that a UC payment had been made. This was distressing for everyone as the rent payments had been divided to be paid separately by Mary and Maude's benefits. Mary had assumed that the payment would be made direct to the landlord and Maude was becoming anxious about the calls, worried about the tenancy.

We visited to check Mary's journal from her smartphone, as UC is an "online" benefit, to find that Mary had been paid £7.38 for the month and would not receive any further payments for another 27 days. There was no housing element included in her payment.

After a few calls it was discovered that the rent payment had not been calculated in time for her UC award date and that the missing amount could be sent to the landlord. There had been an error calculating Mary's final ESA award, both ESA and UC believing that the other department had made the payment.

We arranged for an emergency payment to be made within 24 hours, giving Mary her living costs of around £470 for the month.

Although this was much lower than she had been paid previously, Mary was very grateful for the support she had received.

Mary said "Sometimes it's not receiving large amounts of money that people need, it's getting enough to be able to eat something and pay bills that matters. Thank you for sorting this out so quickly, we wouldn't have been able to do this ourselves"

We are also feeding these issues back to the strategic groups we sit on, these are NAWRA (National Association of Welfare Rights Advisors) and the UC Task Group.

Trips and Activities

We have facilitated lots of trips and activities throughout the year for Carers in County Durham and Darlington, including a trip to the Teesside Princess River Cruise, theatre trips and a trip to York Christmas markets.

“A wonderful day spent at York Christmas market. Thanks to the team who organises these events and allowing me to go”

“Great day out that I would not have been able to do without the support”

We have also offered Carers the opportunity to join us for First Aid training and Parent Carer training.



“I only recently used the service for a day trip, but it was a hassle-free escape from my daily work as a Carer. Thank you for the memory”



During the financial year 691 Parent Carers registered for Support

Parent Carer Needs Assessments – 215

Assessments were carried out with Parent Carers supporting a child or young person up to the age of 18. This assessment is an in depth look at the family circumstances and support that is already in place. Assessments are available to any Parent Carer in County Durham including those already registered with us for support. In 2018 – 19, 43 families who were already registered for support and 172 newly registered Parents accessed these. Out of the 215 families that received an assessment only 28 had a Social Worker assigned to them. The majority of these families come to us as the only agency that can be directly accessed and provide FREE support and signposting for Parent Carers.

Big Lottery Funding – In August 2018 we started our final year of the 5 Year Lottery funded Project. In January 2019 we commissioned Goodlabs to carry out an independent evaluation of the project, which brought together all the work conducted with families over the past 4.5 years and the difference that we have made.

The Goodlabs Consulting Ltd report concluded that:

“There is convincing evidence that the Parent Carers Support Project has been delivered with quality and consistency since its commencement in September of 2014. The project was ambitious in its targets and yet has delivered commendably. As the project enters its final 6 months the data we can project is that over 2000 families will be supported by the end of the project, with over 70% classified as ‘complex’. The outcomes achieved for these families are impressive. There is no doubt that a positive difference has been made.



The following areas of work stand out as worthy of special mention:

- The Welfare Benefits support work, which is relieving financial hardship for some of Durham’s most vulnerable families.
- The bespoke support provided to families by the Parent Carer Development Workers. Their willingness to ‘go the extra mile’ in accompanying and advocating for parents is widely respected and appreciated.
- The partnership model upon which the Parent Carer training model is based shows a best-practice approach that is both an effective and efficient way to work.
- The persistent action taken to ensure that other professionals within the wider health and social care become ‘carer aware’ is yielding results.

We also conclude that through this project the DCCS team have done more than impact the lives of struggling families, they have begun to bring about wider system change in the County. There are 3 areas in which this is most evident. Firstly, in successful lobbying of the Local authority around Parent Carer Needs Assessments. Secondly, success in opening up the NHS/CCG ‘short breaks’ fund for Parent Carers. Thirdly, in ensuring that the voice of Parent Carers is heard by policy-makers and decision-makers.”

Goodlabs Consulting Ltd (March 2019)

Training for Carers

Two wellbeing days for Carers in East Durham who support someone living with mental ill-health or who have mental health themselves took place.

Time Just for You in October 2018 – included a Mindfulness Workshop and Holistic and Creative Therapies.

“Great day – well relaxed. Food was lovely. Thank you very much – loved every minute.”

“Very helpful event – good to learn Mindfulness and will take this further. Lovely relaxing massage. Brilliant company from fellow Carers – uplifting.”

Feel Well, Eat Well, Heat Well, in November 2018 – included a Cookery, Food and Nutrition Workshop, a Holistic Therapy and a Creative Workshop with local artists from “If these walls could talk.....” – part of East Durham Creates – a community-based arts initiative.

“Good session – excellent physio, art session and cookery. Enjoyed this morning. THANK YOU!”

“Very enjoyable event – good to be able to meet other Carers and have some “me time” to be supported and pampered.”

The Wellbeing Days aimed to encourage Carers to take some time out of their caring role, relax, look after themselves – physically and emotionally, cope with stress, build resilience, and to help combat social isolation.

Seven “**Making Sense of Caring**” courses were rolled out across the County in 7 venues and towns including Consett, Peterlee and Durham City. These aim to help Carers find their way through the maze of services and utilises the wealth of knowledge of our staff.

“Excellent day, I feel more informed now”

“I now know where to get help and support I need”

“Very informative, it might stop me going around in circles”

“A lot of useful information given in a way that was easy to understand”

Three **Feel Good Courses** were held in Consett, Durham City and Bishop Auckland.

The course focused on personal empowerment and practical support with participants being taught techniques to help them think positively, manage stress, handle conflict and become more resilient.

“This course has helped me to deal with difficult situations”

“I now know how to be positive and more in control”

“I’ve learned to respect and look after myself”

“I am starting to get my confidence back again and starting to feel like the old me”

Quotes from events and trips

‘It is always helpful to talk to Carers in similar situations & ease the feelings of isolation.’

‘A well thought out Wellbeing Day, full of fun, fact – learning and freedom! Well done’

‘Had a brilliant day helped me to enjoy and relax from my caring role’

‘Great opportunity as a family to be there with other families in a similar situation’

Mental Health Carer Support and Development Worker – East Durham

Our project in East Durham is funded by the local Clinical Commissioning Group. It offers specialist support to Carers of people with mental ill health and Carers who have mental ill health themselves. Monitoring and evaluation has shown positive outcomes have been achieved through working face to face with Carers, providing events and opportunities for Carers to meet, and raising awareness of Carers' needs with many different agencies working in East Durham.

Carers have said: -

“I feel as though progress has been made all thanks to you”

“The participation in activities with the other Carers is a good source of support, as it enables us all to see that we all have similar issues and we all need to remember to care for our own needs too.”

“You are certainly making a positive difference to Carers”.

We have focused efforts on developing our partnerships with many other agencies across the area. In May we supported Dementia Action Week working with the Alzheimer's Society. We have also worked with Job Centre Plus in Peterlee providing a drop-in at the Community Hub. As part of our activities for Carers Week in June we spent a day at Peterlee CAB providing support to Carers with benefits and other issues. We also worked with Well Being for Life and delivered a range of information stands at various events including Easington Community Fun Day, a Health Awareness day and an Information Event at Blackhall Library.

We have contributed to consultations regarding mental health services on behalf of Carers and continue to share Carers' experiences and represent their views at strategic meetings involving the East Durham AAP, NHS Clinical

Commissioning Groups, the NHS Mental Health Trust, Durham County Council and Voluntary Sector organisations. We are part of “Stamp It Out” which is the mental health anti-stigma and discrimination campaign and main delivery partner within the Time to Change Hub.

Two very successful events were - “Time Just for you” and “Feel Well, Eat Well, Heat Well” aimed



at encouraging Carers to look after their own health and wellbeing. We have also supported the provision of a Peer Support Group for Carers of people living with dementia in East Durham which meets monthly at Healthworks in Easington at the same time as our Carers Pop-in.

A tutor from the University of Sterling provided some excellent training for Carers of people living with dementia. Carers and those they care for have also taken part in an NHS funded research project “Co-designing dementia care to improve value” being carried out by Oxford University, Bradford University and the London School of Economics and commissioned by NECS – the North East Commissioning Service. The outcome will be the publication of “A guide for people in County Durham who have problems with their memory” which will be available both on line and in paper form.

CHANGES programme

In the last year we have worked with Durham County Council Adult and Skills Services to produce and facilitate the CHANGES programme.

The CHANGES Programme provides Information, Advice and Guidance to the Parents and Carers of children and young people with special educational needs and disabilities. It aims to support them to navigate their way through transition from Children's Services to Adult Services.

This programme aims to ensure that parents and carers are well informed about opportunities and gain valuable links to support networks and useful resources across County Durham. Speakers have included Learning Disability Nurses, Durham Works and EMG Solicitors.



Parents who have attended the course have welcomed the information given and have said they feel more confident to face the challenges ahead.

'I really enjoyed the changes programme, it was helpful and opened my eyes to the possibilities and support available once my child approaches transition. The information was invaluable and eased my "what ifs". The chance to speak openly with other parents with the same worries made me feel less isolated and positive about my child and family's future.'

Advice in County Durham (AiCD)

In 2014, Durham County Carers Support were the 8th partnership member to join the ever-expanding "no wrong door" approach of over 170 advice and support organisations serving residents of County Durham. This includes MPs Offices, The Fire Service, Durham Police, a wide range of local charities and many teams within Durham County Council.

Last year we received 235 incoming referrals from partners and sent 354 for additional specialist support from services such as Durham Welfare Rights, Age UK, Alzheimer's Society Dementia Advisers, Housing Solutions and Citizens Advice County Durham via the secure referral portal available to network members. This ensures

that Carers are supported seamlessly as the contacts made with these advice providers on their behalf have a clear confirmation that the referral has been accepted, ensuring that required support is accessed with minimal stress.

AiCD facilitates a sector-themed Network Meeting 4/5 times a year and the Universal Credit Task Group which was formed to raise awareness of the issues faced and has a multifaceted approach to seek solution for residents of the county. Our attendance at these enables us to ensure Carer Awareness is on everyone's agenda.



Darlington Carers Support



In May 2018 we went in to the second year of the Darlington Carers Support Project - how time flies - and this gave us a chance to reflect on how far we had come from the beginning.

At the end of March 2019, we have just over 1100 Carers registered with us with more and more people coming to us, for information, advice and support. We relaunched our Carer Support Groups and now have a monthly Carers Support Group and a monthly group for Carers with, or supporting someone with, Mental Ill Health. These groups are well attended and Carers tell us how valuable they find the peer support and information talks they receive at the groups. We have been working closely with other organisations in Darlington and one of the most successful is with Darlington CAB who now come along to our Office twice a month to help Carers with benefit claims with over 30 Carers accessing this support.

During the last year of the project Carers have been able to enjoy other activities such as a trip to Whitby and a pantomime performance.

“I look forward to the group so much, to meet up with other carers.”

“I know if I have a problem, I can share it with other people who understand how I am feeling”

We are also keen to ensure that Carers get the training they need to help them in their caring role and have been able to provide free first aid training. This was attended by 20 Carers who also enjoyed a health buffet lunch. The feedback from Carers was brilliant with everyone telling us how much they enjoyed the course.



“Thank you for a great day of learning new skills with other carers”

“A most useful course”

“An opportunity to learn new skills”

“Learning new skills to help with my caring role”

“Very informative”

“Learning about crucial life skills”

“meeting other carers”

“fun and informative”

“I feel more confident to deal with an emergency.”



Volunteers



Volunteers are crucial to delivering the quality and breadth of support we offer Carers. They add value at every level. Our Trustees also give their time generously to govern and steer the Charity in the right direction. The other roles are Administration Support, Group Leaders, Counsellors, Fundraisers, Ambassadors and Benefit support.

A fantastic 3378 hours of volunteer time has been given to the Charity during the year. This has saved us a minimum of £28,000 if using minimum wage and is the equivalent of 1.5 more full time members of staff.

528 hours
of group support

915 hours
admin support

1437 hours
of Counselling

151 hours
supporting the Parent
Carer Project

227 hours
of Governance support
from Trustees

90 hours
fundraising

31 hours
of Carer Ambassadors

Volunteer Feedback

96% of Volunteers are satisfied with their experience of volunteering with us

100% intend to continue their role over the next year

100% felt their role had a positive impact on the organisation

Staff Feedback

“Roy does an amazing job running our 50/50 club. All the funds from this support our Counselling Service”

“Thank you we couldn’t do what we do without you”

“Thank you so much! All your hard work does not go unnoticed!”

Volunteer Success!

My name is Helen McLaughlin, I was looking for opportunities where I could help and support families as I didn't feel I was getting that sense of achievement through my own work. I am also a Parent Carer and have received support from DCCS. I became a volunteer at Durham County Carers Support (DCCS) in June 2018.

My role includes providing Parent Carers support in the completion of disability Allowance forms (DLA); admin support within the Spennymoor office; and supporting events such as the recent wellbeing events and facilitating at consultation workshops. I have also given presentations on what it's like to volunteer for DCCS.

I thoroughly enjoy volunteering as it has given me the opportunity to further develop my skills. The most enjoyable part of my role is helping those parents to complete the DLA

forms and seeing the result which is making a huge impact to their families. This role has also given me insight and aspiration to look at my future career opportunities. After almost 19 years as a civil servant I have given up work and I am now enrolled at Durham University to commence a Masters Degree in Social Work. I don't believe I would have made this move without the support of DCCS.

DCCS are a fantastic charity to work alongside, they really do work extremely hard to support all Carers. The staff are so supportive and friendly, and I am proud to say I am part of this team.



CARERS BREAKS

Fundraising and donations

Supporting us to support more Carers

During the year £11,284 was raised from events and £10,364 from donations. We would like to thank everyone who contributed to these fantastic totals. 100% of money raised through fundraising and donations is used to directly support Carers.

Fundraising Events

- 50:50 Club Lottery £4254
- Great North Run £2608
- Staff fundraising £924
- Christmas Cash Raffle £1732
- Advertising in Caring Matters £643
- Co-op Groups Local Community Fund £1,311.85
- Helen Bellas Coffee Morning £115



Regular donators

- | | |
|-------------------|-----------------|
| John Gibson | R Angus |
| Galloway | S Wilson |
| GWM Patrickson | S Welford |
| Mr Farthing | S Shead |
| J Cuckson | PW & JM Heron |
| DW Robson | McGoay |
| M Brownless | N Jewitt |
| S Gibson | Mr & Mrs Pirrie |
| D Bowman | Mr Taylor |
| Mr & Mrs Johnston | Mr White |



Business Supporters



Co-op Group's Local Community Fund



Thank you to The Shred Centre for kindly providing us with 6 years support with our shredding.

NHS Personalised Carer Support Fund 2018

During the period of April 2018 – March 2019 we have arranged 2,383 breaks examples of these include spa days, make up lessons, football tickets, garden vouchers, exercise classes, cinema tickets, ironing & cleaning services, craft materials, golf membership, fishing equipment, walking clothes/boots, respite, flight simulator experience, horse riding lessons, Chester zoo tickets, cordless drill, therapy vouchers, model tank kit, cookery course & a lawn mower. We also arrange short term replacement care to enable carers to access their breaks.



NHS Personalised Carer Support Fund 2018

730 Carers replied to a questionnaire following their break. 89% felt it helped them to spend time on themselves. 86% said it had helped alleviate stress. 82% felt it had helped them with their caring role. 58% felt reduced anxiety. 48% felt less isolated.

We also received over 500 comments, below is just a small selection.....

“Time to relax and reduce my stress levels in a calm environment. Going to a place and enjoying a treatment which I would normally not be able to afford. Thank you from a Mother of an autistic 12-year-old.”

“Thank you for these opportunities to relax and spend time to myself. I look forward to these breaks.”

“Over the moon to spend time just me and my wife without feeling guilty for having a few hours’ time out.”

“I’ve reached my own crisis point and my health has been affected greatly. This opportunity is not only helping me but helping me to continue supporting my sister. Who has no-one, and I’m very grateful. Thank you.”

“It was brilliant really enjoyed the full experience of spa and therapy. I felt so relaxed had a calming effect and my family noticed.”

“What an amazing service this provides to people that care for a loved one. Your staff are so caring & professional. I can’t thank you enough for your support.”

We also arranged 141 Residential and Opportunity Breaks which include driving lessons, laptops/netbooks and holidays. The outcomes are measured through a survey and 98% felt the break had given them an opportunity to try something new. 84% felt more relaxed. 88% said it had helped to reduce stress levels.

Comments:

“This will allow me to have my own freedom. I can drive my husband to appointments and not have to rely on others for help.”

“Stress levels are down and really enjoyed the lessons hoping that it will lead to a possible job and freedom.”

“The Hotel very friendly & helpful and staff, the coach drivers were very helpful and friendly on all trips excursions.”

“I’ve been able to learn new things on my laptop and keep in touch with family and friends.”

Darlington Carer Breaks - In Darlington 113 Carers have accessed a Carer Break. These included vouchers for therapies, cinema, theatre or items to help with hobbies and interests. 71% experienced a reduction in stress levels. 81% felt the break had help with relaxation. 71% felt the break has helped them in their caring role.

Comments:

“Many thanks for the treating me to a massage and afternoon tea, carers support staff are very helpful”

“Thank you so much for the vouchers, I enjoyed spending them, I feel so much better”

“Just so lovely to have some time out and some TLC for myself. Thank you so much it was fantastic.”

An example of the difference we make!



CASE STUDY

Michael is 30 and cares for his Grandma. June has COPD and needs oxygen most of the day, she has very limited mobility and is very frail. Michael suffers with Mental Health problems and struggles daily with his own condition.

Michael contacted us feeling very low, isolated and needing help.

He had a good knowledge of benefits but felt his grandma should be entitled to a higher rate of Attendance Allowance due to her condition.

We visited him and discussed the benefit situation and helped complete an Attendance Allowance Supersession. This resulted in the higher level being awarded.

An initial assessment was carried out and Michael discussed how his condition impacted on his caring role and how he supported his grandma, and how she offered him a great deal of emotional support. Michael's said that sometimes the responsibility was overwhelming, as it was isolating and extremely tiring.

Michael was his Grandma's main carer, and she relied on Michael's to take her to hospital appointments, G.P appointments and to help her see friends and get out and about. This was very costly in relation to public transport and took up a lot of his time and energy.

It was agreed to request a statutory Carers Assessment and June now has 6hrs

per week for social inclusion. This gives Michael a much-needed break. We also found that not all benefits were in place and some premiums were missing, which increased his income considerably. We accessed our transport fund and Michael was awarded £100 towards travelling costs. Michael also applied to our Carer Break Opportunity Fund to help fund a course that he starts in September 2019. Michael has also accessed our Volunteer Counselling service.

"I cannot thank DCCS enough for the help they've given me. It's a huge positive impact on my wellbeing and the health of my grandmother. My worker is brilliant and the advice she's given me has proven invaluable. I am now on a better footing navigating the complex social care system and know how to get the best possible care for my grandmother. In addition to practical advice, I'm also supported emotionally and have had opportunities funded to help with respite. It is a fantastic organisation and I'm sure every carer in Co Durham and Darlington would benefit from their guidance and support."



Durham Area Statistics

Over **19,000** Carers registered



2820

new Carers registered

Over **5000** Carers supported

Over **£4million** in extra benefits gained for Carers

213 Parent Carer needs assessments completed



Over **200** Carers accessed counselling service



99% of Carers would recommend us to another Carer

151 hours of Volunteer support for Parent Carers



691

Parent Carers registered

141 Residential & Opportunity breaks arranged



Darlington Area Statistics

232

Carers Breaks arranged



Over **£12,000**

accessed in grants to support Carers

423 hours of volunteer support

20

Carers trained in First Aid



1145

Carers registered



457

new Carers registered

“Darlo Millions”

project increased benefits for Carers by over £70,000

Over

40

Carers attending two monthly Carers groups per month

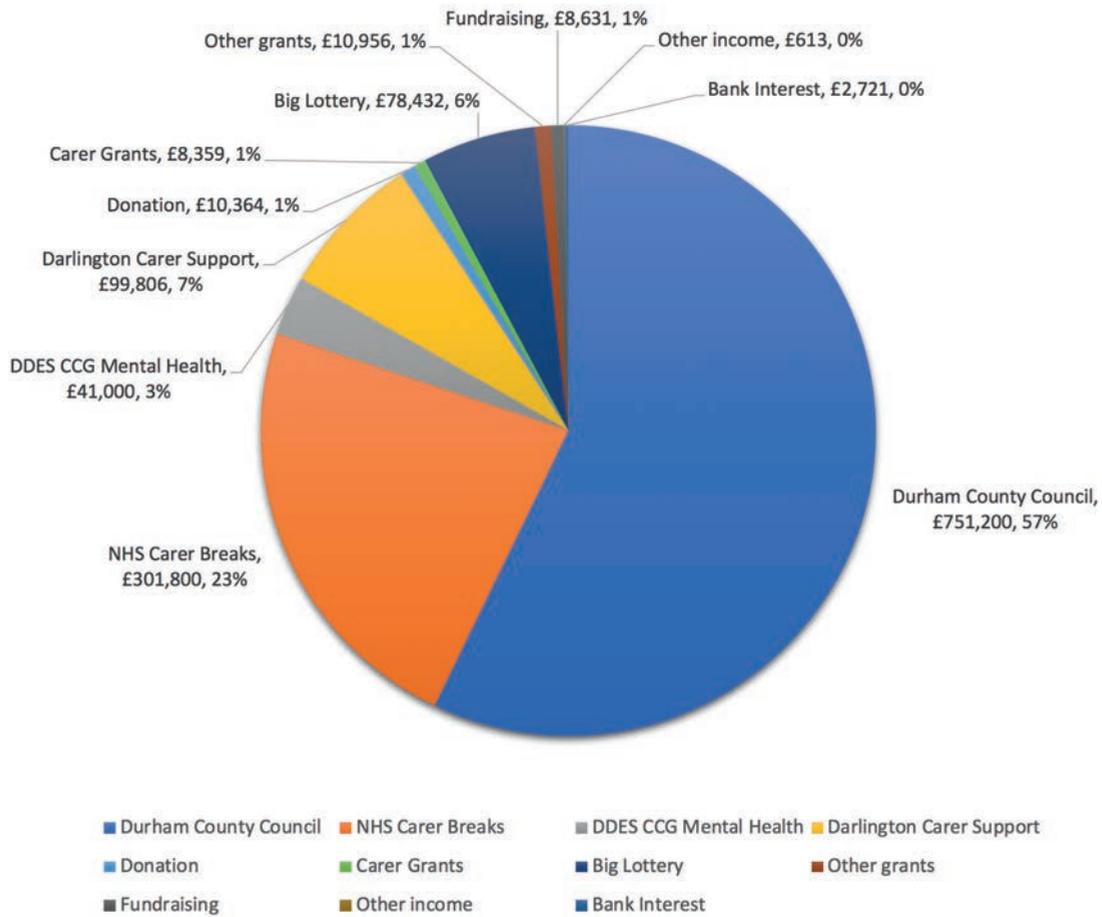


99%

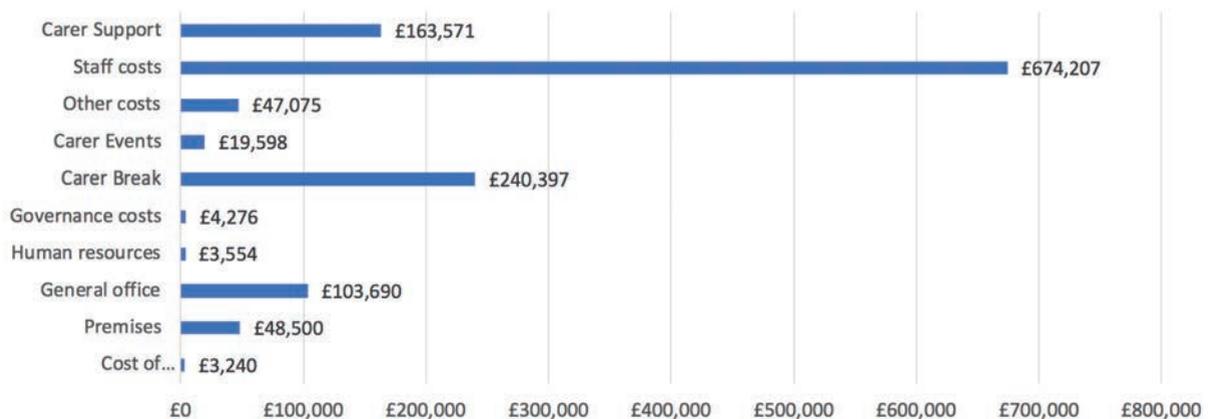
of Carers would recommend us to another Carer

Financial Summary 2018 – 2019

Income April 2018 - March 2019



Expenditure April 2018 - March 2019



This information is a summary of our financial position, if you would like to receive a full set of Financial Statements please contact Jacqui Coulson tel: 01833 600575 email: jacqui.coulson@dccarers.org

DURHAM COUNTY CARERS SUPPORT
COMPANY LIMITED BY GUARANTEE
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

31 MARCH 2019

		2019		2018	
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	756,793	4,771	761,564	796,404
Charitable activities	6	–	540,353	540,353	525,231
Other trading activities	7	1,156	7,475	8,631	10,824
Investment income	8	2,721	–	2,721	4,488
Other income	9	613	–	613	3,348
Total income		<u>761,283</u>	<u>552,599</u>	<u>1,313,882</u>	<u>1,340,295</u>
Expenditure					
Expenditure on raising funds:					
Costs of other trading activities	10	96	3,144	3,240	3,566
Expenditure on charitable activities	11,12	837,567	467,301	1,304,868	1,332,291
Total expenditure		<u>837,663</u>	<u>470,445</u>	<u>1,308,108</u>	<u>1,335,857</u>
Net income		<u>(76,380)</u>	<u>82,154</u>	<u>5,774</u>	<u>4,438</u>
Transfers between funds		57,576	(57,576)	–	–
Net movement in funds		<u>(18,804)</u>	<u>24,578</u>	<u>5,774</u>	<u>4,438</u>
Reconciliation of funds					
Total funds brought forward		579,518	43,250	622,768	618,330
Total funds carried forward		<u>560,714</u>	<u>67,828</u>	<u>628,542</u>	<u>622,768</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Your local charity supporting carers



**Durham County
carers support**

admin@dccarers.org
Tel: 0300 005 1213

 /Durham-County-Carers-Support

Your local charity supporting carers



**Darlington
carers support**

admin@darlingtoncarers.org
Tel: 0300 030 1215

 /darlingtoncarerssupport

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 twitter.com/@dccarers

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Please ask us if you would like this information in another language or format



NHS
**Darlington
Clinical Commissioning Group**

Charity Number: 1069278
Company Number: 3534933

NHS
**Durham Dales, Easington and Sedgfield
Clinical Commissioning Group**

NHS
**North Durham
Clinical Commissioning Group**

